

**SATURDAY  
20 MARCH**

14:30-16:00

16:15-17:45

**SUNDAY  
21 MARCH**

14:30-16:00

16:15-17:45

**ROOM 1**

**YIN YOGA**  
Cécile (FR)

**HATHA RAJA FLOW**  
Lysian (EN)

**ROOM 1**

**BIODYNAMIC BREATHWORK**  
Dani (EN)

**TANTRA**  
Laura (EN)

**ROOM 2**

**JNANA YOGA & MEDITATION**  
Cyril (FR)

**YOGA REGENERATIF**  
Aurélie (FR)

**ROOM 2**

**KUNDALINI YOGA**  
Dominique (EN)

**HATHA FLOW**  
Clotilde (FR)

**CONCERT**  
Antarma  
18:30-19:30

**New!**

**CLOSING CONCERT**  
Jenny & Robin  
18:30-19:30

**New!**